



WASHINGTON  
ACADEMY OF  
EYE PHYSICIANS  
& SURGEONS

# 2019 ANNUAL MEETING

## CURRENT TRENDS & ADVANCES IN OPHTHALMOLOGY

March 28 – 29, 2019

Meydenbauer Center • Bellevue, WA 98004  
Paul B. Griggs, MD • 2019 Annual Meeting Program Chair

# Message from the Chair

Dear Colleagues,

We are looking forward with great enthusiasm to the 2019 Washington Academy of Eye Physicians and Surgeons Annual Meeting, March 28–29, 2019 at Meydenbauer Center in downtown Bellevue, WA.

Four internationally renowned educators will be presenting cutting-edge information for practicing ophthalmologists. In addition, our annual business meeting and social events will be a great opportunity to reconnect with friends and colleagues and learn about

WAEPS' efforts on behalf of ophthalmologists in Washington State throughout the year.

In addition, I urge you to support the participation of your employees in the Coding and Reimbursement Seminar on Thursday, 3/28/19, the Ophthalmic Medical Personnel Program and Practice Management Program on Friday, 3/29/19. We present these outstanding educational programs at a very reasonable cost as a member benefit to you and a great opportunity to build your staff members' skills and dedication to excellence. Details are

included in your brochure packet.

Our 2019 conference promises to be another outstanding event and I look forward to seeing you in March.

Sincerely,



Paul B. Griggs, MD  
Program Chair, WAEPS 2019 Annual Meeting

## Faculty



**John Berdahl, MD:** Practicing in Sioux Falls, SD is our board-certified ophthalmologist, John Berdahl, MD. He is widely regarded as one of the leading international cataract

surgeons. He is one of the very few surgeons in the United States who is also fellowship trained in cornea, glaucoma, and refractive surgery. Dr. Berdahl has already performed more than 25,000 eye surgeries around the globe. His published work has primarily focused on the fundamental causes of Glaucoma, Minimally Invasive Glaucoma Surgery, and Astigmatism Management, during and after cataract surgery.

He has been involved in numerous FDA monitored clinical trials on some of the most exciting technologies in ophthalmology. He also founded Equinox, which is developing the first non-surgical, non-pharmacologic way to lower eye pressure for glaucoma treatment. He co-invented the MKO melt, which provides sedation during cataract surgery without the use of an IV. Additionally, he created [astigmatismfix.com](http://astigmatismfix.com) which helps thousands of surgeons per month fix residual astigmatism after cataract surgery. Finally, in an effort to improve access to care, he co-founded [ExpertOpinion.MD](http://ExpertOpinion.MD) which provides online opinions to patients from top doctors around the world.



**Jay S. Duker, MD:** Jay S. Duker, MD is Professor and Chairman of Ophthalmology at the Tufts Medical Center and Tufts University School of Medicine in Boston, Massachusetts.

He directs the New England Eye Center, an academic, multi-specialty eye care group with 34 ophthalmologists and nearly 200 employees in 8 offices. Through his varied ophthalmology-related activities over three decades of practice, he has developed a local, regional, national, and international reputation as a highly successful clinician, surgeon, diagnostician, educator,

researcher, administrator and entrepreneur.

Dr. Duker's clinical practice is limited to diseases of the posterior segment of the eye including age related macular degeneration (AMD), diabetic retinopathy, and retinal vascular diseases, as well as surgical macular diseases such as epiretinal membrane and macular hole. He also sees patients with uveitis and intraocular tumors. He has a particular interest in rare and unusual retinal disorders, especially those connected to systemic disease.



**John B. Holds, MD, FACS:** Dr. Holds obtained his college degree summa cum laude at Trinity University in 1979, went to medical school at Southwestern in Dallas

Texas, where he was "top five" in his class all four years, and completed residency at Baylor College of Medicine, Cullen Eye Institute where he was the chief resident from 1986-1987. Dr. Holds was privileged to work with Richard Anderson MD in Salt Lake City for two years of fellowship training in oculofacial surgery. Oculofacial or ophthalmic plastic surgeons are ophthalmologists who perform cosmetic and reconstructive surgery in the eyelids and upper face, including cosmetic, tear duct and orbital (tissues behind the eye) issues.

Dr. Holds was privileged to work with "Oculinum" toxin, which became Botox, when it was investigational in the 1980's, and performed original neuroanatomic and clinical work in this area. Dr. Holds is an author of over 100 peer-reviewed papers dealing with plastic and reconstructive surgery in the periocular area, along with numerous textbooks. He and colleagues have also run the popular PAWS series of surgery workshops in St. Louis since the 1990's. Selected for "Best doctors in America" in 1994, and every year since, Dr. Holds makes it his mission to provide the best possible care to all of his patients. Eyelid and midfacial rejuvenation is an area of special interest to him.



**Angelo P. Tanna, MD:** Dr. Tanna obtained his college degree from Columbia College of Physicians and Surgeons in 1994. He did his internship at Graduate Hospital in

affiliation with the Hospital of the University of Pennsylvania in 1995. He completed his residency and fellowship at Johns Hopkins Hospital 1998-1999. Dr. Tanna is Board certified in Ophthalmology and is currently Vice Chair, Department of Ophthalmology, the Director of Glaucoma in the Department of Ophthalmology and an Associate Professor of Ophthalmology.

*Clinical interests:* Glaucoma and cataract. Normal-Tension Glaucoma, Pigmentary Glaucoma, Pseudoexfoliation Glaucoma. Early Diagnosis of Glaucoma. Research interests: Selective Perimetry for the Early Diagnosis of Glaucoma, Optic Nerve and Retinal Spectral Domain Optical Coherence Tomography Imaging, Tonometry, Efficacy and Safety of Glaucoma Medications, Epidemiology of Glaucoma.

## OMIC Presentation:

In addition to the above scientific presentations, the Thursday night dinner program features a valuable presentation on malpractice prevention offered by **Dr. Dan Briceland** and his colleague **Michelle Pineda** of Ophthalmic Mutual Insurance Corporation. *Be sure to sign in while in the presentation room to ensure your OMIC discount. Current WAEPS members earn a 10% discount for completion of this activity [www.omic.com](http://www.omic.com)*

# Program

## MARCH 28 | THURSDAY

### PHYSICIAN DINNER MEETING/CME PROGRAM

- 7:00 – 7:45PM **Full Thickness Macular Holes – Clinical Staging and Management**  
Jay S. Duker, MD
- 7:45 – 8:30PM **OMIC malpractice prevention presentation: Informed Consent: What Plaintiff Attorneys Don't Want You To Know**  
Dan Briceland, MD and Michelle Pineda
- 8:30 – 9:15 PM **Advances in the Medical and Surgical Treatment of Thyroid Eye Disease**  
John Holds, MD
- 9:15 – 9:30 PM **Questions & Answers**

## MARCH 29 | FRIDAY

### III SESSION 1

- 8:00 – 8:25AM **Update in SD OCT in 2019**  
Jay S. Duker, MD
- 8:25 – 8:50AM **New Approaches for Glaucoma Medical Therapy. Where are we now?**  
Angelo P. Tanna, MD
- 8:50 – 9:15AM **Evaluation and Management of Ptosis Made Easy**  
John B. Holds, MD, FACS
- 9:15 – 9:40AM **Fixing the Unhappy Patient**  
John Berdahl, MD
- 9:40 – 10:10AM **Coffee break/visit exhibits**

### III SESSION 2

- 10:10 – 10:35AM **Minimally Invasive Glaucoma Surgery – How well do these operations really work?**  
Angelo P. Tanna, MD
- 10:35 – 10:50AM **Upper blepharoplasty - How I do It**  
John B. Holds, MD, FACS

## MARCH 29 | FRIDAY (continued)

- 10:50 – 11:10AM **Is glaucoma a 2 pressure disease?**  
John Berdahl, MD
- 11:10 – 11:30AM **Retinal Gene Therapy**  
Jay S. Duker, MD
- 11:30 – Noon **Panel Discussion**
- Noon – 2:00 PM **WAEPS Annual Business Meeting Luncheon**

### III SESSION 3

- 2:00 – 2:20 PM **Tips and Techniques for Performing Office Surgery**  
John B. Holds, MD, FACS
- 2:20 – 2:40 PM **Implementing MIGS into your practice**  
John Berdahl, MD
- 2:40 – 3:00 PM **OCTA – Introduction and Clinical Utility**  
Jay S. Duker, MD
- 3:00 – 3:20 PM **Cataract Surgery in Glaucoma Patients**  
Angelo P. Tanna, MD

- 3:20 – 3:50 PM **Coffee break/visit exhibitors**

### III SESSION 4

- 3:50 – 4:05 PM **Fixing Residual Astigmatism after Toric IOLs**  
John Berdahl, MD
- 4:05 – 4:20 PM **Central Serous Chorioretinopathy–New Insights**  
Jay S. Duker, MD
- 4:20 – 4:35 PM **Detection of Glaucoma Progression – State-of-the-Art 2019**  
Angelo P. Tanna, MD
- 4:35 – 4:50 PM **The How's and Why's of Botox and Dermal Fillers**  
John B. Holds, MD, FACS
- 4:50 – 5:15 PM **Panel Discussion**
- 5:15 PM **President's Reception**

#### CME INFORMATION:

This activity has been planned and implemented in accordance with accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Washington State Medical Association and Washington Academy of Eye Physicians and Surgeons. The WSMA is accredited by the ACCME to provide continuing medical education for physicians.

The WSMA designates this live activity for a maximum of 8.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity meets the criteria for up to 8.75 hour of Category I CME credit to satisfy the relicensure requirements of the Washington State Medical Quality Assurance Commission.

## Location

### ■ Meydenbauer Center

11100 NE 6th Street • Bellevue, WA 98004

The physician dinner on Thursday evening, March 28, and the physician lunch on Friday March 29, will be held on the 4th floor of the facility. The physician CME lectures on Friday, March 29 will be held in the theater on the ground floor and the exhibit hall will be held in Center Hall A.

## Hotel accommodations

A discounted room block is available at the nearby **Seattle Marriott Bellevue**, 200 110th Avenue N., Bellevue, WA. The rate is \$189 per night and discounted overnight parking has been negotiated. Visit the annual meeting page of our website <http://www.waeps.org/annual-meeting> for the link to book your room. Space is limited. Rooms can be booked until **March 6, 2019** or until all rooms in the block are filled.


## Parking

Underground parking is available at Meydenbauer Center. Overflow parking arrangements are still being determined so check the e-syllabus and the WAEPS website for updates.

## Transportation

Our conference venue is less than a block away from the Bellevue Transit Center where many bus routes stop. For more information, visit the Metro Transit and Sound Transit websites to plan your trip by public transportation.

## Disabilities

 We encourage participation by all individuals. If you require assistance, please notify Kimberly Conn at the WAEPS office at 206-956-3652 at least two weeks prior to the conference. Advance notification is essential in order for us to serve you better. Note that our conference venue is fully accessible and ADA compliant.

## Other needs?

- Special dietary needs? Let us know and we'll do our best to accommodate.

## Fee & Registration

Your fee for the physician program depends on your WAEPS membership category. Your 2019 dues must be paid in order to register at the member rate. Early-bird discount applies to registrations received no later than March 1, 2019.

We encourage all participants to register online on our website: [www.waeps.org/annual-meeting](http://www.waeps.org/annual-meeting). You'll have the option to pay online or to request an invoice at the end of the registration process which you can forward to the person at your practice who pays the bills. If you need assistance or need to register via hard-copy registration form, please email [waeps@waeps.org](mailto:waeps@waeps.org) or phone 206-956-3646.

	On or before Mar 2	After Mar 2
WAEPS Active Members	\$325.00	\$375.00
WAEPS Senior/Military Members	\$175.00	\$225.00
WAEPS Retired Members	\$150.00	200.00
Non-Member Physicians	\$525.00	\$575.00
Allied Health Professionals	\$175.00	225.00
Residents	No Charge	
"Dual Meeting Pass" (This additional fee gives Physician Program attendees access to the practice management program)	\$50.00	\$50.00

## Reciprocal Arrangements

WAEPS has reciprocal arrangements with ophthalmology societies in Oregon, Idaho, Montana, Alaska, and British Columbia. Physicians, providing proof of membership in their respective state and province societies, may register at the Active WAEPS Member rate. Contact our office for details.

## Cancellation Policy

Cancellation requests must be submitted in writing. There is a \$50.00 fee for cancellations received by March 1, 2019. *No refunds will be issued for cancellations received after March 1, 2019.*

## Information

Contact the WAEPS office: 206-956-3646 or via email: [waeps@waeps.org](mailto:waeps@waeps.org)

### The Washington Academy of Eye Physicians & Surgeons wishes to thank the following companies for their participation as exhibitors at the 2019 Annual Meeting:

Alcon Surgical – A Novartis Company

Beaver Visitec International Inc.

CrestPoint Management

Ellex iTrack

Glaukos Corp.

Heidelberg Engineering

ImprimisRx

IRIDEX

Johnson & Johnson

Lenstec, Inc.

MARCO

Modernizing Medicine

MST (MicroSurgical Technology)

New World Medical

Nextech

Northwest Eye Design

Novartis, Alcon Pharmaceuticals

Oculus, Inc.

OMIC

Optos, Inc.

Sight Connection

Sun Ophthalmics

Vision Matters LLC

Walman Instruments & Walman Optical

*List current as of January 23, 2019. An updated list of exhibitors will be provided at the meeting.*